

Birthday Treats

As part of the district's student wellness policy, it is our hope at the elementary level to support our students through healthy choices. One of these areas is the goal of encouraging and supporting healthy eating by our students. Due to this goal, we will be making some changes at the start of the 2013-2014 school year related to snacks/treats brought from home. To avoid problems with food allergies, **birthday treats from home will no longer be permitted.** Instead, each month, a specific day will be designated as the day we celebrate birthdays at lunch time. All students will receive a special birthday treat made in the kitchen of our schools where ingredients can be controlled, and students' names for their birthday month will be shared with all students in our school in celebration. In addition, summer birthdays will be celebrated with a special treat in August and/or June. It is our goal to ensure that all students have the opportunity to have a special treat at lunch during their birthday month while still ensuring that we are following the wellness policy established by our district.